

# Vana Durga Teachings

July 30<sup>th</sup> - August 1<sup>st</sup>

## Vana Durga Immersion Practice

August 2<sup>nd</sup> - 5<sup>th</sup>

*with Maa Parvathi Nath at Sacred Mountain on Salt Spring Island.*

Vana Durga is a powerful form of Maa Durga. She is extremely strong, semi wrathful and an unparalleled warriorress. She is considered to be a secret Mahavidya. This is a completely "protected" teaching and understanding. Even in this day of everything (inaccurate and accurate) on the Internet, her teachings are not widespread, and her placement as a Mahavidya is protected.

She removes deep sorrows, loss, turmoil, fears and feelings of being lost (existentially, karmically or emotionally). She removes fear as She is Durga but also removes the loneliness, sadness and isolation that fears have created. It is said that one will never (or never again) suffer depression or depressed mental states once a connection is made with Vana Durga. She deconstructs the world of perception of defense and insecurity that fears project with its ongoing mechanisms of reactive emotions. She also brings wealth, inner and outer and has a connection to Narayani/Lakshmi. And of course, Vana Durga leads us to liberation. Many practitioners say this is one of the most palpably transformative practices. In this forest/nature setting, we will be able to delve simply and powerfully into the "secret" teachings that allow us to gain strength, wisdom and clarity of mind and focus.

I am very honored and pleased to share the practices as passed on by a lineage of forest yogi/nis and sages.

Maa Parvathi Nath has spent decades in sadhana (meditation and spiritual practice), learning and teaching the ancient philosophical and yoga systems of India. She is a direct and close disciple of Shree Amritnandanath (Sashsarakhsi Peetham), Shree Vidya Master. She has also been tutored by some of the reclusive and revered masters of Shree Vidya and the Vedantic tradition. She was born in India to a yogic and scientific family and has dedicated her lifetime to the practice and preservation of Shree Vidya and Vedantic teachings.



Costs: Vana Durga Teachings only (3 days) - early bird till March 31st - \$650+GST includes one main meal of the day. (\$725.00+GST after March 31st) Non refundable deposit of \$250 to secure your place. Vana Durga Teachings plus Immersion Practice (7 days) - early bird till March 31st - \$1340+GST includes 1 main meal of the day. (\$1500+GST after March 31st)

Non refundable deposit of \$350 to secure your place.

Please note that the costs reflects the high exchange rate between the Canadian and US dollar and Maa Parvathi's travel from Europe.



For more information and for registration and accommodation details please contact Jacqueline 250-653-2334 jacquelines707@gmail.com or Leslie 604-224-0473 lesliewindhorse@gmail.com